

Can help with

Abuse
Addiction
Ancestral/Family Baggage
Anger, Rage, Frustration
Confusion and Uncertainty
Creative Blocks
Depression
Drug Use/Abuse
Emotional Crises
Fatigue/Exhaustion
Fears/Phobias
Grief/Sorrow/Regrets
Hopelessness/Despair
Insomnia/Sleep Disorders
Isolation/Aloneness
Lack of Motivation
Loss of Purpose/Direction
No Control Over Life
Panic Attacks
Persistent Illnesses
Poor Self Worth
Relationship Difficulties
Repetitive Loops
Self Abuse/Harm
Sexual Issues
Shock
Spiritual Emergency
Stress/Anxiety
Stuck Feelings
Trauma

Also can help with

Allergy/Intolerance/Nutrition

I am so pleased with this technique. It is able to bypass the conscious mind and access and offer other techniques to remedy deeply held emotional blocks in a way I have not found possible through other therapies.



I thoroughly recommend this to anyone who has an emotional block which they cannot access mentally, in as much as it bypasses the mind and gets to the root of the problem.

I found my treatments with Paul fascinating in that he gets right to the heart of what needs to be addressed and then has a variety of techniques to get past the block. The sessions with him gave me the support I needed.

Thank you for an insightful treatment, much to reflect upon, very impressed with this therapy, can recommend it to anyone who would like to look deeper in to their life issues.

Paul Morton dip IDK

Treatments 1½-2 hrs £65
(Some concessions available)

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INNER DIALOGUE

INNER DIALOGUE

Kinesiology



Paul Morton Dip IDK

What is it?

Inner Dialogue Kinesiology tells the client's own story. When an illness or a problem shows up in life, it is always an expression of an inner state (a gift) that needs to be met with enthusiasm and curiosity: What needs to be communicated? What am I not seeing?

This work focuses entirely upon you, to provide the solutions to your problems.

Not from your mind, the part that thinks it knows; but from your real or true Self which actually knows.

What happens in a session

Using Kinesiology (a muscle feedback system) Paul tests a complex Indian hand language called "Mudras" on the client.

These Mudras or hand positions of which there are several thousand are each a gateway in to the subconscious. In this way the client's subconscious communicates freely about what is happening in the psyche and body without censorship from the conscious mind.

Nutrition & Allergy testing

Some clients have allergies; others need to know what foods they can not tolerate or which nutrients their body is missing or require. Paul is also a retailer of highly potent nutritional products.

Is this for me?

You need not be ill to seek a consultation. You may wish to become acquainted with your inner stories or you need clarity in a process you are in related to work or your partner or family.

What many seek consultation for is emotionally related problems such as persistent thought and feeling patterns. These may be a result of genetic inheritance or an entity or unresolved past experiences.

This therapy embraces techniques from Shamanic practices in cases where the client calls for an initiation to open new doors inside. In some cases the angels are invited in to bring peace, blessings or acceptance in a situation.

Inner Dialogue Kinesiology goes to the core of your problem. The fact that the message from your subconscious is heard is always a big part of the solution.

